



## NEWSLETTER NO 35 WEEK 6 TERM 4 NOVEMBER 15 2017

### VISION STATEMENT

We at St Joseph's Primary School Queens Park are a faith based community which strives to recognise and respond to the image of Christ in us all, as we grow through work and prayer.

THE ST JOSEPH'S SCHOOL COMMUNITY ACKNOWLEDGES  
THAT WE COME TOGETHER ON THE ANCESTRAL LANDS OF THE  
WHADJUK PEOPLE

### *Quotes from St Vincent de Paul*

*Let us allow God to act; He brings things to completion when we least expect it.*



### **PRINCIPAL'S REPORT**

**This Sunday is the Feast Of ChristThe King**

*Reign supremely in my life and in my heart  
Your reign is heavenly peace,  
Your law is love.  
Help me to pray and work that Your Kingdom  
May come into every soul  
Every family and every nation.*

**INTERSCHOOL SPELLING BEE:** For the first time children from Year 4-6 represented the school in a spelling bee competition today, under the guidance of our Literacy Co-ordinator Mrs Hoyne. We will be able to provide you with some further details next week.



**P & F AGM AND SCHOOL BOARD ANNUAL COMMUNITY MEETING:** These two important meetings will be held in the Performing Arts Room next Monday November 20 commencing at 7.00pm. Parents are encouraged to attend as the school progress reports for 2017 are read and plans for 2018 are shared. School finances are also reported on. Light supper will be provided in the staffroom after the meetings.



**SCHOOL SWIMMING:** Year 1 to 6 will attend a fortnight of swimming lessons commencing next week on Monday November 20. Children will be taken to Cannington Leisureplex by bus. Please make sure your child has returned their permission form to the class teacher to assist with grading on the first day. Over the two weeks there is some flexibility with children's attire, they will be allowed to wear their sports uniform as often as possible. Make sure all items of clothing are labelled correctly with your child's name. See the attached timetable for swimming lessons.



**FAMILY FUN NIGHT:** Friday November 24 is fast approaching. Please come along for a great school community night with loads of fun. Children do need to be accompanied by a parent to attend this evening as school staff are not on duty on the night.

**ORIENTATION PRE-PRIM TO YEAR 1:** Will take place on Tuesday November 21 commencing promptly at 3.15pm in the Performing Arts room. All Pre-Prim children can remain in their prospective classroom until the meeting finishes at 3.30pm.

**CONGRATULATIONS:** Mrs Anna Tarle gave birth to a healthy baby boy last Thursday, Orlando.



**2018 ORIENTATION:** Tomorrow a number of children who are enrolled at St Joseph's for the first time in 2018 will be joining the school. I'm sure our community will give them a warm welcome.

God Bless  
Peter Yensch  
Principal

#### **ASSISTANT PRINCIPAL RE**

**ST VINCENT DE PAUL HAMPERS:** Once again a huge thank you must go out to all our families donating to the Christmas Hampers. We will be able to put together some excellent hampers for those in our community who need it most! It is wonderful to see Social Justice in action.



In Faith  
Kaye Savage-Morton  
Assistant Principal RE



*To ALL the wonderful volunteers who  
do so much for everyone here at*

*St Joseph's,*

*we wish to say thank you.*

*We are inviting you all to morning tea*

*on*

*Friday December 1*

*9.30am to 10.00am*

*Please come and join us for coffee*

*and cake.*

*For catering purposes could you kindly*

*let us know if you would like to come*

*and advise the office if you will*

*be joining us.*

*Thank you*



## PARENT INTERNET AWARENESS PRESENTATION

WEDNESDAY 14TH MARCH 2018 - 6:30PM TO 8:00PM

I am proud to announce that Paul Litherland, from Surf Online Safe will be attending St Josephs School on Wednesday the 14th of February 2018 to speak to our year 5 & 6 students on the subject of cyber safety. Paul comes highly recommended and has been presenting to many other schools within Australia over the past 6 years. He is one of Perth's leading presenters on this subject and as a former Western Australian Police Officer, can offer some great knowledge and experience to our students to help them better understand the risks of the online world. Paul will be presenting to our students on subjects such as Online Footprint and Digital Citizenship, Image Sharing, Social Networking, Cyber Bullying as well as mobile phone and tablet use. His student presentations are very informative and I have no doubt our students will benefit greatly from this education.

The school has also booked Paul for an evening parent presentation on that same day commencing at 6:30pm and concluding at approximately 8:00pm. We invite all our parents to attend this event. Paul's parent presentations are very informative and offer some great tips and tricks on how to keep our kids safe online, as well as how to stay one step ahead of them in the online world. Paul outlines the information he presented to our kids that day and how his session was received by the kids. Paul will also provide a comprehensive Q&A session.

All who have seen Paul present have been very impressed with his subject matter knowledge and presentation style.

Subjects include;

**Social Networking** : What our kids are using. Trends & Pitfalls.

**Online Predators** : Risks & Trends, protection methods.

**Cyber Bullying** : Detection, prevention & coping.

**The Law** : How it relates to us all.

**Device Use** : Phones, Tablets & PC's, Tips & Tricks.

**Image Sharing** : Statistics, Risks, Tips & Hints.

Ronan Kelly : Assistant Principal

## COP TO CRUSADER

PAUL LITHERLAND - SURF ONLINE SAFE

**F**rom 2009 to 2014, I was working within the Technology Crime Investigation Unit of the Western Australia Police, a division of Computer Crime. We dealt with issues ranging from people being ripped off on Ebay and Gumtree, to romance scams and hacking, right up to kids being groomed by online predators. It was a massive world of which even I did not realise was so out of control. The last 2 years of my career, I became increasingly frustrated with the lack of legislation or authority I had as a Police Officer to act on the concerns of the parents and educators who were contacting my office on a daily basis.

The majority of these calls were ended with the simple phrase, "Sorry, but it is not against the law." It was upsetting to respond in this way, but in reality, I had no choice. The internet has been around since 1995, yet legislation has failed (or refused) to catch up. As such, many schools, parents and kids themselves are being left to deal with such matters on their own. In my opinion, I thought this was simply unacceptable.

Whilst pressing our government for change, I soon realised education was massively needed here in WA. I felt that if I could get my message out to as many schools as possible, the risk our kids were being exposed to every day would hopefully reduce. In 2014, I therefore made the decision to retire from the WA Police to pursue my dream of educating kids and Surf Online Safe was born. Since then I have gone from visiting only 3 schools in my local area, to presenting to over 320 schools and organisations across Perth, including some of WA's most prestigious colleges. I look forward to becoming part of the St Joseph's School community and to presenting to your students, parents and teachers for years to come.



Paul Litherland - Owner, Surf Online Safe.

**SPORT NEWS:**

**INTERM SWIMMING TIMETABLE  
WEEK 7 & 8  
NOVEMBER 20 – DECEMBER 1 2017  
CANNINGTON LEISUREPLEX**

<b>LESSON TIMES:</b>	<b>BUS PICK UP TIMES:</b>
9.15am – 1 Blue & 6 Blue	8.55am
10.00am - 1 Gold & 6 Gold	9.40am
10.45am – 2 Blue & 5 Blue	10.25am
11.55am – 2 Gold & 5 Gold	11.35am
12.40pm – 3 Blue & 4 Blue	12.20pm
1.25pm – 3 Gold & 4 Gold	1.05pm

**LESSONS RUN FOR 40 MINUTES EACH**

**P & F NEWS:**

FOOD ORDERS - FAMILY NIGHT: **IT'S TIME TO PRE-ORDER YOUR FAMILY NIGHT BBQ MEALS.** This year the P & F will be offering you the ability to pre-order your sausage sizzle and hamburgers online using TRYBOOKING using your credit card.

Just use the link below to order your meals and drinks, print the tickets off at the end of your transaction and bring them to the family night! There is a 30c per order charge so make sure you use the option to order more than one item to save on this fee. <https://www.trybooking.com/book/event?eid=326044>

You can also order using the paper order form using cash (attached to the newsletter). Pre-orders close the **Monday November 20.**

**CAKE STALL DONATIONS NEEDED - FAMILY NIGHT:** We require the following donations of small cakes and treats for our Family Night. Please contact Natalie at [nbates@iinet.net.au](mailto:nbates@iinet.net.au) if you are able to assist with donations.

All items need to be **nut free** and in **THROW AWAY CONTAINERS/PLATES**. If all items can be in small pieces, they will be sold for 50c each. We require them to be brought to the hall the morning of the Family Night- **Friday November 24.**

**FAMILY NIGHT - LUCKY DIP DONATIONS AND RAFFLE PRIZES:** We are leading into the last week before our Family night and are appealing to your generosity to donate items for the lucky dips and raffles . Items such as **hair ties, match box cars, colour-in books, marbles, art and craft, stickers, stationery, lollies, vouchers, christmas foods etc** have worked well in the past. Collection for these items has started and is carried out every Thursday and Friday morning before school at the P & F table. Every donation will receive a raffle ticket to win an ice cream voucher from the school Canteen. Weekly draw will be carried out at Assembly on Monday mornings.

**WOOLWORTHS EARN AND LEARN:** Thank you to everyone who collected the Woolworths Earn and Learn Stickers. The school has ordered some amazing items which will be used in 2018.

**IMPORTANT DATES FOR YOUR CALENDAR**

Monday November 20 - P & F AGM 7pm & Friday November 24 - Family Night

Parents have two things in common. Firstly, every parent experiences some challenges or difficulties at some point raising kids. Whether it's managing challenging behaviour, keeping a child's chin up when life doesn't go their way or helping a young person handle the ups and downs of adolescence – every parent must deal with challenges along the way. Secondly, all parents want their children to thrive and flourish. That means we need to love our kids confidently, rather than protect, pamper and problem-solve for our kids. Here are fifteen parenting ideas to help your kids thrive and in doing so, may reduce the number of parenting challenges you experience along the way.

1. When kids can, let them do. An independence mindset means that parents look for as many opportunities as possible to develop self-sufficiency in children. When kids can get themselves out of bed in the morning we allow them to do so. When a toddler can clear her plate and spoon away we encourage her to do so. When a teenager can catch a train into the city we allow him to do so, even though we may be uncomfortable about letting go. Self-esteem and confidence is built by kids gaining mastery over their world and doing the little things that we as adults so often do for them.
2. Develop a growth mindset. This generation shouldn't grow up like past generations thinking that their natural abilities set the tone for the pattern for the rest of our lives. If you think that you'll never be good at maths/writing/sport/whatever, then you have a fixed mindset. We now know that talent and smarts aren't fixed – they evolve over time with practice and effort. There's a lot parents can do to develop a growth mindset in kids. Start by linking your child's success with effort rather than linking it to natural ability. You want your child to grow up believing that hard work and strategy have as much to do with their success in any area as their natural ability.
3. Encourage them to play. Adults are very fond of organising environments for kids to enable learning and maximise their development. Kids' lives are full of organised after school activities including sports practice, music practice and swimming lessons. There's not much time for mucking around these days. Self-initiated play, particularly when it occurs outside is great for kids' confidence. Left to their own devices kids often take risks that would make adults shudder, if only they knew about them. But it's through risks such as climbing trees, building cubbies and navigating their neighbourhood that kids learn to extend themselves and develop skills that they didn't know they had.
4. Give them some tough stuff to do. Life in the twenty-first century is comfortable for most of us. We've eradicated most of the hardship from life so that most kids in developed countries like Australia wake up on a winter morning with a full stomach, a warm house and the prospect of being driven to school. Nothing builds confidence like a deep appreciation for what you have and an understanding that you can put up with some hardship and discomfort, so consider ways you can disrupt deep comfort levels. Maybe they have to do some chores (make their lunch/their bed/feed a younger sibling) in the morning; maybe they should walk to school; maybe they can do without morning tea if they leave it at home. Maybe..... I'm sure you can think of your own ideas to help them feel familiar with discomfort.
5. Make sure they do something that someone else relies on. So what does your child do that someone else relies on? Does he feed the dog? Empty the dishwasher? Help his sibling with homework? Assuming responsibility builds kids' confidence. We often give responsibility to kids who we know can carry out the responsibilities without a hitch, not the kids who really need it as they sometimes struggle and won't do it right.
6. Give them psychological space. Sometimes we know too much about our children's lives. Most times we know if they had breakfast, who their friends are and how their day went at school. All this knowing may keep us in the loop with our kids, but it can also be suffocating for some children. Children benefit when they have some space from their parents' attention and best intentions. Space gives them the chance to solve their problems in their own way and develop their own resourcefulness, which is a fantastic confidence-builder at any age.
7. Ask them to help you. Nothing displays faith in a child's abilities like a genuine request for help. Next time you're about to embark on an activity (cooking, washing the car, loading the washing machine) ask a child to give you a hand. Even better, give the total job to your child if it's practical and timely to do so.

## CHRISTMAS 2017 – VIGIL MASS YOUTH CHOIR:

It's that time of the year again! Come along, bring your singing voices and a friend! Rehearsals will commence **on Monday evenings from 13 November 7:00-8:00pm in St Joseph's Church**. We would like to encourage those who wish to participate to attend **all** rehearsals. Those joining the Youth Choir must be from Year 2 and up – parents and friends are also welcome to participate! For queries, please call Jenny Palermo on 0439 949 675.



# HELP!

## MATHS NEWS

### Making Maths Matter



Mrs Nigli is always willing to lend a helping hand to any parents and students that need assistance with anything MATHS! She is available in the Maths room (located between 3G and 3B) on Mondays and Tuesdays 3.15pm – 3.30pm.

Did you know....2,520 is the smallest number that can be exactly divided by all the numbers 1 to 10.

### Mathletics Gold Certificates

Congratulations to the following students who earned Gold certificates:  
Nandakishor B, Ryan W and Yawasyaf Y  
*Keep up the great work!*

### Mathletes of the Fortnight

Albert J (19,986 points), Elarni G (7,006 points), Ryan S (6,300 points) and Aadit J (3,120 points).

Congratulations on your great effort and hard work!

### **This Week's Puzzle Problems**

#### Junior

Sandy had to fence her swimming pool.

The pool was a square with sides 6 metres long.

Sandy puts posts every 3 metres.

How many posts did she need?

#### Senior

The product of two numbers is 144 and their difference is 10. What is the sum of the two numbers?



**Term 4 Week 4 Puzzle Answers-** Senior: \$640  
Congratulations to the winner! Leons M

Junior: 522 points

There was no junior winner.

**You can place your entries in the boxes in the front office or hand it in to Mrs. Nigli in the Maths Resource room. Winners will be announced at Monday's assembly. Remember you have to be in to win it. Good luck!**

## ST JOSEPH'S END OF YEAR FAMILY NIGHT

Friday 24th November 2017 4:30 pm – 8:30 pm

FREE activities for kids: face painting, colouring in, obstacle course, ball games  
from 4:30 pm – 7:00 pm *as well as:*

Prints Charming Photo Booth (New Gold coin donations – instant prints)

Christie's Creations

Mobcube Mobile Phone & Tablet Repair

Deluxe Hair Scrunchies

Popcorn, Fairy floss and Cake Stall

Bouncy castles (\$2 donation for unlimited turns)

Novelties, Lucky dips and Jar Stall (\$3 a go)

Beautiful Christmas hampers to be raffled

Student performances around 7:30pm

Carols at 8:00 pm

Raffle drawn at 8:30 pm

Place your order for Hotdogs and/or Hamburgers with a drink prior to the night to ensure you don't miss out (You can (1) use the order form below and bring the correct change in an envelope to the P & F mail box OR

(2) Pay using your credit card via <https://www.trybooking.com/326044>)

**PRE-ORDERS must be in by Friday November 17**

We are still looking for volunteers to help out on the night, please email the P and F on [pandf@sjsqp.wa.edu.au](mailto:pandf@sjsqp.wa.edu.au) if you can lend a hand.

Remember this event is held for the children to have a fun evening out, volunteers will help make this night a success!!

### St Joseph's End of Year Family Night

#### Pre-order form for food

Family Name: \_\_\_\_\_

Child(ren)'s name and Class(es): \_\_\_\_\_

	QTY	Amount per item	TOTAL
Hotdog ONLY		\$3	
Hotdog and can of drink		\$5	
Hamburger ONLY		\$7	
Hamburger and can of drink		\$9	
<b>Total amount enclosed</b>			

Please complete and place order form with **CORRECT CHANGE** in a sealed envelope in the **LOCKED P&F BOX IN FRONT OFFICE ONLY** by Friday November 17.

Your food/drink tickets will be available for collection at the entrance to the Family Night. If you have booked via Trybooking (<https://www.trybooking.com/326044>), please print or show your electronic receipt at the food table to pick up your order.