



## NEWSLETTER NO 16 WEEK 7 TERM 2 JUNE 7 2017

### VISION STATEMENT

We at St Joseph's Primary School Queens Park are a faith based community which strives to recognise and respond to the image of Christ in us all, as we grow through work and prayer.

THE ST JOSEPH'S SCHOOL COMMUNITY ACKNOWLEDGES  
THAT WE COME TOGETHER ON THE ANCESTRAL LANDS OF THE  
WHADJUK PEOPLE

### *LAUDATO SI'*

*Some countries have made significant progress in establishing sanctuaries on land and in the oceans where any human intervention is prohibited which might modify their features or alter their original structures. In the protection of biodiversity, specialists insist on the need for particular attention to be shown to areas richer both in the number of species and in endemic, rare or less protected species. Certain places need greater protection because of their immense importance for the global ecosystem, or because they represent important water reserves and thus safeguard other forms of life. [37]*



### **PRINCIPAL'S REPORT**

*God's heart is the most  
Sensitive and tender of all.  
No act goes unnoticed, no matter  
How insignificant or small.  
R J Foster*



**SACRAMENT OF CONFIRMATION:** On Saturday evening we celebrated the Sacrament of Confirmation in the Parish of St Joseph's. Once again it was a wonderful celebration and the children from our school and from the catechist program were beautifully prepared. Fr Peter, during the Homily, reminded the children that through the Holy Spirit they will receive many gifts, however Father said it is important to open these gifts and to use them fully.

I would like to thank the many school staff and parishioners who work hard to make this Sacrament a special occasion for the children. A special thanks must go to the girls and boys who were part of the choir. Their singing helped make the occasion significant.

**FEAST OF ST NORBERT:** We would like to acknowledge the St Norbert Community including Fr Peter, Principal Annette Morey, staff and students as they celebrate the Feast of St Norbert. We are extremely fortunate to be able to share a location with such a generous Christian Community. They demonstrate the true spirit of St Norbert through their excellent support of St Joseph's.



**HEAD LICE:** We have had a number of cases of this in recent weeks. Could you please check your child's hair and treat where needed thank you. An information fact sheet is available on our school website

[www.sjsqp.wa.edu.au](http://www.sjsqp.wa.edu.au)

**ASSEMBLY:** Year 1 Gold would love their parents to join us this Friday 9 June for their assembly in the Undercover Area starting at 8.50am.

**SCHOOL PHOTOS:** Class photos continue tomorrow. If your child's class is scheduled for photos tomorrow please ensure they wear their correct winter uniform including the school tie.



**CROSS COUNTRY:** Congratulations to all the girls and boys from Year 4 - 6 who participated in last week's cross country. It was impressive to see the effort that all students put into the event. Every child tried their hardest and did their best.



**INTERSCHOOL SPORTS:** This Friday our Netball, Football and Soccer teams will be travelling to St Emillie's for their away games that will commence at about 1.15pm. Although we struggled against Sacred Heart I'm sure all teams will give their best effort.

**P & F MEETING:** Parents are welcome to join us in the staffroom for the next P & F Meeting on Monday 12 June commencing at 7.00pm. Please come along and support the school and your children.

**CONGRATULATIONS:** To Avah 4G and Isabella 6B on receiving medals for netball. Isabella, Avah and past student Sapphyre played for Southern Districts Netball Association on Sunday at the State Netball Centre and won the Div B competition then played in the Grand Final and lost to Div A winners. Well done girls.



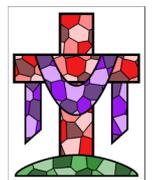
God Bless  
Peter Yensch  
Principal

#### ASSISTANT PRINCIPAL RE



**CONFIRMATION:** On Saturday, many of our Year 6 Students were confirmed. The Sacrament was a wonderful occasion made very special by the reverence of the children and their families. A huge thank you must also go to our wonderful School Choir who supported the Parish Choir so beautifully. Other thanks go out to Mrs Palermo and her Parish Choir, Mrs Ward for playing the organ, all the staff who attended and, of course, Father Peter. The Sacrament of Confirmation was once again a truly blessed event.

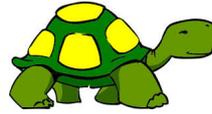
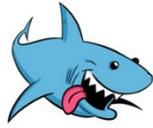
**EUCHARIST:** Final preparations for the Year 4 students to receive the Sacrament of Holy Communion are well underway. Please keep all of these children in your prayers as they finalise their preparation to receive the Eucharist for the first time. All families are welcome to attend the Parish Mass celebrating First Holy Communion on June 17.



**LIFELINK:** Today, Miss Palermo and I took the Social Justice Leadership Team to Newman College to present our LifeLink Hearts. The hearts looked spectacular along with so many other Catholic School's. We will be donating \$380 to LifeLink this year. Once again I thank all those children who have supported this cause. Your money will go directly towards helping people in Western Australia.

**BISHOPS' RELIGIOUS LITERACY ASSESSMENT (BRLA):** Year 3 and Year 5 students should receive a letter today outlining the purpose of the BRLA. This assessment will be an online only assessment and it will be conducted in the week beginning 31 July in Term 3.

In Faith  
Kaye Savage-Morton  
Assistant Principal RE



### SOCIAL WORKER NEWS:

#### THE SHARK, THE TURTLE AND THE OWL:

[www.parentingideas.com.au](http://www.parentingideas.com.au)

One of the big differences between girls and boys lies in how each gender handles conflict. Typically, boys are more likely to manage peer or sibling conflict physically (i.e. with a push, a shove or even a punch) while girls often get very personal or they avoid conflict altogether. We often feel uncomfortable with the physical side of boys' conflict but generally the conflict finishes as quickly as it begins. Sworn enemies one minute, best mates the next. "What argument? We're having fun," they say. As a parent you need to focus on getting your son to **stop, think, find out** and **talk** rather than react to conflict situations. Easier said than done, but it's a simple goal for parents.

Helping girls manage conflict is more complex. Conflict with a peer or sibling tends to linger longer taking up unwanted mind space, wasting the emotional energy that should be put into having fun with your friends. "She's so mean to me. I hate her," say many girls. Girls typically handle conflict in one of three ways – like a shark (aggressively), a turtle (passively) or an owl (assertively). Let take a look at each style:

1. **Shark (Aggressive).** A shark is intent on winning. This style is aggressive and, like its namesake, relies on power and intimidation. Shark behaviours include a raised voice, physical contact, threats, name calling and intimidating body language. Sharks often get what they want but often at the cost of meaningful close relationships. Shark behaviours are the domain of so-called 'mean' girls that we hear so much about.
2. **Turtle (Passive)** A turtle pulls hides in its shell when conflict arises. Typically turtles don't express their feelings or their needs, accommodating others rather than standing up for themselves. They express opinions apprehensively indicating by their body language or choice of words ('maybe', 'perhaps', 'not sure but let's see') that they don't expect others to take notice of their needs. When treated unfairly they retreat into themselves experiencing frustration, anxiety and sadness. In extreme cases turtles become targets for "less than pleasant" girls who know they won't retaliate.
3. **Owl (assertive)** – An owl deals with conflict without avoiding the issues. An owl asserts her rights and needs in positive ways and tries to resolve problems, rather than just gain a personal win. An owl uses strong body language; chooses her words wisely and remains in control when resolving conflict. The strength of owl behaviour is that girls are able to deal with an issue by honestly expressing how they feel and asking for what they want. They use assertive communication strategies rather than high power (aggression) and passive (acceptance) when they are in potentially conflict situation with peers and siblings.

Most girls use all three ways of managing conflict according to the situation and the people involved. A girl could be a shark to her younger sibling; a turtle with older girls at school and an owl with her mother (as she feels she can express herself comfortably with her mum). It's important to recognise these differences but at the same time encourage your daughter to become more assertive (owl-like) over time in a variety of situations. Here are two conflict resolution strategies that come from the *Owl Handbook of Practical Communication* that you may find useful to pass on to your daughters:

#### Encourage girls to use I-statements:

Learning to use these statements empowers girls to take responsibility for communicating how they feel. I-statements help girls express their feelings appropriately without being aggressive or intimidating.

The script for **I-statements** is: "When you ..... I feel/felt.....because..... . I would like....."

E.g. When you went to the movies with her I felt angry because I was left out of the group. I would like you to let me know next time, instead of keeping it a secret and going behind my back.

**Teach your daughter to "shrug"**: If your daughter wears her heart on her sleeve and reacts emotionally and personally to the taunts of others encourage her to feign nonchalance – appearing not to care can take the wind out the sails of mean, unsociable girls and in-your-face brothers as well. There are four ingredients to a good shrug:

1. a) A 'whatever' look.
2. b) A shrug of the shoulders
3. c) A simple, non-combative, non-sarcastic line such as, "You maybe right", "Good point" or "I hadn't thought of that."
4. d) A final break of eye contact that indicates that they are in control.

The best way to break the toxic cycle of taunt-react-taunt that girls can become involved in is for them to learn to change their typical reaction, and become more owl-like in their approach to conflict situations.

Christine Pittman  
Social Worker

## Faction Cross Country Results



**Congratulations to our 2017 champions:**

Champion		Runner Up	
Year 4 Girl	Chanumi W	Year 4 Girl	Myla N
Year 4 Boy	Declan P	Year 4 Boy	Albert J
Year 5 Girl	Angela G	Year 5 Girl	Danayi S
Year 5 Boy	Kane I	Year 5 Boy	Connor T
Year 6 Girl	Montana S	Year 6 Girl	Dalila N
Year 6 Boy	Kevin S	Year 6 Boy	Riley S

**Faction results will be announced at this Friday's assembly.**

Please note that Cross Country training will be held on Tuesday mornings and Thursday afternoons, however training does now become exclusive to Interschool squad members only.

**The Interschool Cross Country Carnival will be held on Friday July 28 2017 (Term 3) at Tomato Lake.**

Thank you to those students who have been attending training sessions all term. It has been fantastic to see such a large number of very keen students every week.

## Interschool Sport – Round 5

### Eagle/Fever/Glory Cup

Year 6 students with the help of some Year 5 students will be participating in the fifth round of Interschool Sport this Friday June 9. This week's opponent will be St Emilie's Catholic Primary School. Netball will be played at St Emilie's School and football and soccer will be played nearby at Sutherlands Park. Games are due to commence at approximately 1.15pm.

Please note that round 4 of Interschool Sport against Notre Dame has been postponed until next Friday June 16.

Good luck to all students involved.

Mrs Tennille Eoannidis

### P & F NEWS:

The NEW 2017 | 2018 Entertainment™ Membership is now available



Just \$70 giving you over \$20,000 of value!



Time to renew your Entertainment Membership as your 2016|2017 Entertainment memberships are expiring on the 1<sup>st</sup> June.

Order your NEW membership today and help raise money for St Joseph's Primary School

Order online <http://www.entbook.com.au/8619m4>

Or contact Natalie on [nbates@iinet.net.au](mailto:nbates@iinet.net.au)

*20% of every membership contributes to St Joseph's Primary School*

**FACEBOOK PAGE:** Are you on our School Facebook Page? Search for "St Joseph's Primary School Queens Park".

**P & F EMAILS:** If you wish to receive emails from us during the year, please send us an email at: [pandf@sjsqp.wa.edu.au](mailto:pandf@sjsqp.wa.edu.au) and we will add you to our mailing list.

### IMPORTANT DATES FOR YOUR CALENDAR:

Monday June 12 - P & F Meeting

Thursday June 29 - Fun Run

Friday November 24 - Family Night

### NEON FUN RUN



The annual Neon Fun Run is being held on Thursday June 29. By now all students should have received a sponsorship form which students can use to collect sponsorship for the Fun Run. Students who raise over \$10 can choose a prize from the booklet. Students can use online fundraising by creating their own profile page at <https://www.myprofilepage.com.au>

Students will be completing laps of a specially designed **\*\*FUN\*\*** course on the oval. Times for individual year levels will be released closer to the date.

Now the fun part- make sure you wear your **BRIGHTEST NEON** clothing on the day! Socks, shoes, shirts- the brighter the better.

Sponsorship forms and money will be collected in **WEEK ONE** of **TERM 3** with prizes ordered soon after.

You can find a link on the School Face Book page for online fundraising.